



PE Policy

Swinderby All Saints Primary School

Approved by:	Head Teacher	Date: December 2024
Reviewed:	Bi annual	
Next review due by:	Term 2 2026/27	

Intent

We aim to provide an inclusive PE curriculum to allow pupils to develop their knowledge, skills and understanding of a range of sports. We ensure that lessons are engaging, inspiring and motivational. Our goal is that throughout school children build a positive relationship and attitude towards physical activity both in and outside of school and, have a secure understanding of the importance of a healthy lifestyle and being active. Staff will mirror the same positive and enthusiastic attitudes.

In order to ensure that all children leave Swinderby All Saints Primary School with a high level and range of skills, we have put together a 'Progression of Skills Framework'.

Implementation

- High quality lessons provided.
- We strive to inspire children to participate in a variety of sports through quality first teaching.
- Consistent lesson sequence implement through the PE Plan scheme
- Environment where pupils can feel confident and safe.
- Teachers model skills and ask questions throughout lessons to check children's understanding and improve children's performance.
- Opportunities for pupils to lead sessions/activities.
- Positive feedback is given throughout each lesson.
- 2 hours of PE a week – 1 hour led by Class Teacher and 1 hour led by Premier Education.
- Swimming lessons off site are provided to KS2 year groups.
- Pupils assessed weekly by Class Teacher and Premier Education to ensure that clear progression is made, and all individual needs/abilities are met.
- Pupils have access to quality equipment for a variety of sports.
- Opportunities to participate in extra-curricular clubs.
- Pupils are encouraged and positively challenged.
- Encouraged to deal and overcome challenges.

Opportunities to participate in inspirational and Whole School/ Inter School Sporting Events occur throughout the year to help raise the profile of Sport and the importance of being active.

Impact

We aim to ensure that pupils can always excel and progress. We measure this through:

- Termly assessment provided by PE Plan completed by both the Class Teacher and Premier Education Lead.
- Ongoing formative assessments.
- Hosting of end of term events.
- Review of Sports Premium Funding.

- Review of sporting equipment.
- Review of sporting fixtures to ensure that there are opportunities for each year group.

Objectives

In order to meet these aims, we will:

- Ensure children participate in a range of activities in order to develop personal physical skills.
- Provide children with opportunities to work in a variety of situations, from individual work to team work, developing cooperation skills and achieving shared goals.
- Deliver and provide a broad and balanced curriculum for all pupils, in line with the National Curriculum.
- Provide children with the opportunities to enjoy and succeed in PE in a safe, inclusive and stimulating learning environment.
- Make children aware of the changes that happen to their bodies during exercise and the overall benefits of this.
- Provide a range of extra-curricular activities developed from the children's interests.
- Regularly monitor and assess children's progress.
- Continue to work towards our School Games Mark

Provision

Children will be provided with opportunities to become involved in physical activity throughout the school day. Each week the children will participate in 2 hours of PE. 1 hour is delivered by Premier Education and 1 hour by Class Teachers. Sporting equipment is regularly checked and updated to ensure each staff members have the equipment and resources they need. Sporting equipment is provided at break and lunchtimes to facilitate and promote children's physical activity.

As a school we endeavour to provide children with at least two hours of physical activity a week- All teachers and supporting staff use PE Plan to access lesson plans and teachers use PE Plan to access assessment data.

School Set up

This school is a one-form entry school running from Reception (Foundation Stage) to Year 6, therefore the following policy covers physical education across the age phases. Swinderby All Saints Primary School is currently made up of 3 classes:

Class 2 – Reception/Year 1/ Year 2

Class 3 – Year 3 and Year 4

Class 4 – Year 5 and Year 6

Entitlements

Year group	P.E Entitlement Outdoor	P.E Entitlement Indoor
Reception	1 hour plus unlimited opportunity for outdoor play experiences.	1 hour
Year 1	1 hour plus additional opportunities for outdoor play experiences.	1 hour
Year 2	1 hour	1 hour
Year 3	1 hour	1 hour
Year 4	1 hour	1 hour
Year 5	1 hour	1 hour
Year 6	1 hour	1 hour

Adverse Weather

In the event of poor weather, outdoor P.E lessons may be moved indoors as long as the weekly required amount of Physical Education is provided. Additionally, if the indoor space is not available, a safety assessment should be completed on the outdoor area before the PE lesson takes place.

Curriculum Organisation

PE is a foundation subject in the National Curriculum, which is used as a basis for curriculum planning. As required children will be taught Multi-Skills, Invasion Games, Artistic (Gymnastics or Dance), Net/Wall, Striking and Fielding and Fundamentals (Fitness for EYFS and Athletics for KS1/KS2).

EYFS have the opportunity to participate in Balanceability in Autumn 1 and KS1 (year 2) and KS2 (year 3) will participate in Archery/Fencing. In addition to this at Key Stage 2 they will also be taught swimming and complete a Bikeability workshop. The year 6 residential also allows a greater insight into outdoor and adventurous activities for all children.

The curriculum is planned in three phases; long term, medium term and short term. Long term plans are provided by the PE subject coordinator and, Medium and Short term plans are provided through the PE Plan scheme – which is used throughout the school. Though there are clear examples of differentiation throughout the provided PE plans, it is important that further differentiation is made to meet any other additional needs.

The activities offered to children seek to provide opportunities for creative teaching and learning for all abilities. A variety of teaching and learning styles will be adopted during PE lessons through use of whole-class teaching, group and individual activities. This ensures children are provided with the opportunities to work collaboratively and participate in competitive activities, including an annual Sports Day, teaching children to enjoy team games and compete fairly. Where appropriate, the PE co-ordinator will work with School Games (if applicable) and Premier Education along with local schools to organise extra sporting competitions. Teachers are encouraged to praise children's achievements, using positive reinforcement to encourage all children to achieve. Progression is monitored throughout the school through the analysis of assessments, pupil voice, teaching observations and discussions with staff regarding the PE curriculum.

Extra-Curricular Activities

The school aims to provide extra-curricular activities across the age phases comprising of competitive, non-competitive, structured and un-structured physical activities. Teachers as well as professional sports coaches from external agencies will run all extra-curricular activities. Premier Education currently provide both a lunchtime and afterschool club. As a school, we encourage children to develop skills and participate in activities in which they are interested in, further promoting a healthy and active lifestyle in all children. Details of extra-curricular clubs will be sent out to parents at the start of each term. For the Foundation Stage and Year 1, clubs will promote a natural enthusiasm for movement and develop confidence in selecting

and applying skills. In Year 2 and above, regular fixtures against local schools will be organised to foster a competitive, yet fair and supportive element in children to provide them with a truly rounded education.

Equal Opportunities and Inclusion

As a school, we believe that all children are entitled to equal opportunities through appropriately differentiated activities regardless of age, sex, ethnicity, ability or background (See Equal Opportunities Policy). Through our PE teaching we provide learning opportunities that enable all children to progress and achieve, seeking support and guidance from the SENCO where needed. Children who have been identified as gifted and talented are supported, where possible, in finding clubs and events that will nurture their further development.

Resources

There is a wide range of resources and equipment to support the teaching of PE across the school. PE resources are stored in two sheds located near the Outside Cabin. Each shed is secured with a combination lock which is locked after each PE lesson. Each shed is regularly checked along with the quality of equipment. Sporting equipment is updated when necessary. The hall contains large apparatus, which we expect the children to help set up with adult supervision. By doing so, the children learn to handle equipment safely. Across the school, children come into school in their PE kits when it is their class PE lesson. Parents are notified of any changes regarding days.

Health and Safety

All staff follow the guidelines set out in the school's Health and Safety policy. Teachers are expected to provide a positive role model by wearing the appropriate clothing when teaching PE. All PE staff have been provided with school logo polo tops and hoodies which represent the school colours. Children are expected to come into school wearing the school colours. This is regularly explained in a letter which is frequently sent out. Jewellery must be removed for all physical activities and long hair tied back. If earrings cannot be removed they must be covered by tape. We encourage children to consider their own safety and the safety of others at all times. During some specified activities it will be necessary for specialised equipment and/or clothing to be worn.

Assessment and Record Keeping

It is the teacher's responsibility to keep a record of informal assessments of children through observations during lessons. Judgements are to be made against the learning objectives for the session. Observations can be supported with photographs when appropriate (particularly in the Foundation Stage). Children are to be formally assessed at the end of each unit/term using PE plans assessments which follow the National Curriculum. Formal assessments are to be monitored by the PE Coordinator. Children's attainment and progress is reported to parents annually as part of the child's individual report. In addition to Class Teacher's reports, termly reports are provided by Premier Education via their online portal.

Monitoring and Evaluation

The role of the PE Coordinator in schools involves collaboration in the production of checking planning, resources, children's engagement and in supporting their implementation across school. By supporting and monitoring colleagues in all aspects of physical education they can ensure pupils are benefitting from high standards of teaching and learning. This involves monitoring of teacher's professional development ensuring they receive sufficient, up-to-date training to sustain increasing confidence and effective teaching of physical education. The PE Coordinator also has a responsibility over the management of equipment and resources in school and ensuring health and safety is maintained throughout the school. The coordinator will monitor levels of participation in physical activity and make appropriate adjustments where necessary. They will ensure that a wide range of extra-curricular activities are provided for all pupils. The PE Coordinator will evaluate the strengths and weaknesses of the subject across school on an annual basis and provide the head teacher with a summary report.

Reviewed Date: December 2024

Review Date: December 2026